

## Skill Assessment for 3.0 Players

Name: \_\_\_\_\_ Self-Rating: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ #Games Observed: \_\_\_\_\_

Weather Conditions: \_\_\_\_\_

To be filled out by the Rating Team:

### 3.0 Skill Level – should ALSO possess most/all 2.5 Skills

	0	1	2	3
Demonstrates control <b>forehand groundstrokes</b> (placement, direction, depth)				
Demonstrates control <b>backhand groundstrokes</b> (placement, direction, depth)				
Placing <b>serve</b> deep into the court				
Demonstrates <b>placement of serves</b>				
Uses deeper and higher <b>returns of serve</b> to allow time to approach the net				
Approaches the non-volley line quickly rather than staying back				
Sustains a short <b>volley session</b> at the net				
Exhibits <b>correct court positioning</b> for doubles and how to “move as a team”				
Uses the <b>forehand lob</b> with some success				
<b>Serve team</b> attempts to approach the net with a <b>slow paced ball (3<sup>rd</sup> shot)</b>				
Sustains a <b>dink</b> exchange at the net				
Adjusts to differing ball speeds (serves, volleys, groundstrokes)				
Returns the ball <b>lower</b> over the net				
Has good mobility *				
Has good quickness *				
Has good hand-eye coordination*				

<b>Svr. Requirement – 7 out of 10 (70%)</b>		
	YES	NO
Service Good		
Service foot faults		

<b>Volley Requirement – 7 out of 10 (70%)</b>		
	YES	NO
Backhand		
Forehand		
Non-Volley Zone foot faults		

<b>Svr. Return Requirement – 7 out 10 (70%)</b>		
	YES	NO
Good Forehand		
Good Backhand		

\* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Sign: \_\_\_\_\_ Actual Skill Level: \_\_\_\_\_ Player's Sign: \_\_\_\_\_

**Ledger:** 0 = not observed or not able to execute, 1 = attempted but poorly executed/needs work, 2 = good basic form/needs work, 3 = solid, consistent performance